

MESA MESSENGER

Newsletter of the Taylor Ranch Neighborhood Association, Inc.

March 2000

Taylor Ranch Youth Member Awarded "Outstanding Youth Leader" at Neighborfest '99

by Dana Krill

Hello everyone! My name is Dana Krill and I have been a part of the Taylor Ranch Neighborhood Association Youth Committee (TRNAYC) for about five years now. When I first joined the youth committee, I was in the 6th grade and did it because I had nothing else better to do. This is the reason these programs are around (or many of them); is to provide something for youth to do to prevent them from using their time for more harmful things.

From the day I joined, I was a part of something that I felt was making a difference and it was fun. I met lots of people, including the people in the committee, people in other communities, the mayor and governor, and other important business people.



Dana being awarded "Outstanding Youth Leader" at Neighborfest '99.

I have worked many fund raisers including car washes, bake sales, and dances. I have also worked through many hours of community service including graffiti paint-overs, trash pick-ups, baby-sitting, face-painting at carnivals, the zoo, the State Fair, Special Olympics, and the Duke City Christmas Party.

In all of this, I never really thought of what I would get out of it. I never aimed for any kind of reward or even knew that what I did made a difference to anybody outside my community. At Neighborfest '99, I was awarded as "Outstanding Youth Leader". I was very honored. At that moment, when my name was called to go forward and receive a trophy, I knew that all my work was to serve a greater purpose. My work was not just affecting my neighborhood, but the whole city. And it wasn't just me -- it was my team. So I say to you this -- Together, we can make a **BIG** difference. As the TRNAYC motto states, we are "Changing the city one community at a time". Your work inside a youth group or youth committee has the power of changing not only youth's lives, but the way that adults look at youths. So, keep up the hard work -- it pays off! ®

*Taylor Ranch
Neighborhood
Association Annual
Easter Party*
.....
Saturday, April 22
Mariposa Basin Park
Begins at 9:30
• 4 Egg Hunts •
*1st Egg Hunt
@ 10am*
*See You
There!*



TRNA General Meeting * Thurs, March 23 * 7pm at LBJ Cafeteria

The following nominees will run for TRNA Board Member Positions at the General Meeting:

Ron Chapman

Bill Clement

Virginia Klebesadel

Tom Knutilla

Susan Malona

Peggy Minich

Don Newton

Other nominations can be made at the meeting. Each TRNA family or business who are currently paid up will have one vote. We encourage all members to come to the meeting and vote.

Information about the widening of Coors and other construction will be presented by City Representatives.

TRNA Contacts / Board of Directors

Doug Goodfellow	President	899-3443
Christine Dillow ...	Vice-President/Newsletter ...	899-2270
Dana Krill	Secretary	899-9117
Paul Kröll	Treasurer	899-1640
Don Newton.....	Director/Government Affairs ...	898-2185
Diana Manning	Crime Director	898-6547
Rick Lackey	Director	897-2259
Susan Malona	Director	897-2550
Bill Clement.....	Director	890-0515
Peggy Minich.....	Education Director	899-8590
Vacant.....	Director	

"Ancient Therapy For a Modern World"



BODYWISE MASSAGE

4801 Montañó Road NW 4686 Corrales Road
(505) 792-2124 (505) 792-1340
 ** \$5.00 OFF YOUR 1ST VISIT! **

AFTER-SCHOOL COORDINATORS WANTED!

Petroglyph and Marie Hughes Elementary Schools are looking for coordinators for their after-school programs.

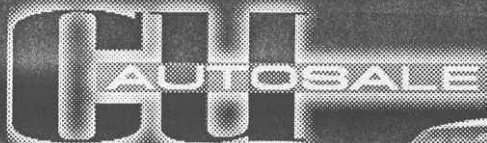
We are looking for someone who can make a commitment to the children of our community.

Coordinator should possess the following:

- * Leadership Skills
- * Budgeting Skills
- * Organizational Skills

This paid position will coordinate the after-school program and require attending approximately 2 meetings per month.

Please call Deborah Tatum MSCI School/Community Liaison for an application at 897-5071.



March 17 & 18

Call 342-8888 ext. 14

- 100s of cars, trucks and SUVs
- 1994-2000 models available
- CU Loan Officers on site
- Have your loan pre-approved
- Enter to win a FREE VACATION!

**YOU are Eligible for
FREE Membership!**



**U.S. New Mexico
FEDERAL CREDIT UNION
FINANCIAL CENTER
SINCE 1935**

www.usnmfcu.org

Get In Stride & Stay Safe Safety Tips for Runners and Walkers

Running and walking continue to be extremely popular sports. Each year more and more people take up running and walking because it is a quick, inexpensive way to stay fit. If you travel often, running or walking is an excellent way to maintain your exercise regimen. Also, many community centers and neighborhood and senior groups are starting walking clubs. Consider joining one, it's a great way to meet new people. Here are a few pointers to stay safe as you hit the road.

Before You Leave

- Plan your outing. Always tell someone where you are going and when you will return. Tell friends and family of your favorite exercise routes.
- Know where telephones are located along the course.
- Wear an identification tag or carry a driver's license. If you don't have a place to carry your ID, write your name, phone number and blood type on the inside of your athletic shoe. Include any medical information.
- Don't wear jewelry or carry cash.
- Wear reflective material.

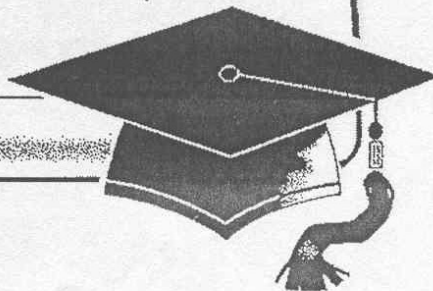
On the Road

- Tell a family member or friend where you are going and the time you expect to be back.
- Stay alert at all times. The more aware you are, the less vulnerable you are.
- Run or walk with a partner and/or a dog.
- Don't wear headsets. If you wear them you won't hear an approaching car or attacker. Listen to your surroundings.
- Consider carrying a cellular phone.
- Exercise in familiar areas. Know which businesses or stores are open.
- Vary your route.
- Avoid unpopulated areas, deserted streets, and overgrown trails. Especially avoid poorly lighted areas at night.
- Run clear of parked cars or bushes.
- Ignore verbal harassment. Use discretion in acknowledging strangers. Look directly at others and be observant, but keep your distance and keep moving.
- Run against traffic so you can observe approaching automobiles.
- Trust your intuition about a person or an area. React based on intuition and avoid areas you feel unsure about.
- Be careful if anyone in a car asks you for directions -- if you answer, keep at least a full arm's length from the car.
- If you think you are being followed, change direction and head for open stores, theaters, or a lighted house.
- Have your door key ready before you reach your home.

Attention Graduating Seniors:

Don't forget to send in your
**TRNA Scholarship Award
Applications!!!**
Deadline is **March 17, 2000**
Late Applications **Will NOT**
be accepted!

Send them to: TRNA Scholarship Committee
PO Box 66288
Alb., NM 87193



- Call police immediately if something happens to you or someone else, or you notice anyone out of the ordinary. It is also a good idea to check with police about any criminal activity in the area you plan to run.

Away From Home

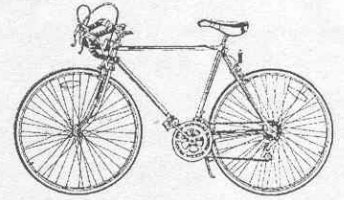
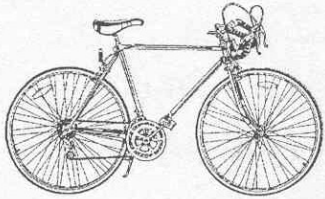
Many people have taken up running and walking so that they will be able to exercise when they are traveling. Remember just because you are away from home doesn't mean you can let your guard down when you exercise. Before you venture out:

- Check with the hotel staff or concierge to find safe routes for exercise. If there is not an acceptable place to exercise outdoors, see if the hotel can arrange for you to go to a health club or gym.
- Become familiar with your exercise course before you start. Get a map and study it.
- Remember the street address of the hotel. Carry a card with your hotel address along with your personal ID.
- Leave your room key with the front desk.
- Follow your usual safety rules.

Stay Alert

Sometimes runners and walkers get lulled into a "zone" where they are so focused on their exercise they lose track of what's going on around them. This state can make runners and walkers vulnerable to attacks. Walk and run with confidence and purpose. If you get bored running without music, practice identifying characteristics of strangers and memorizing license tags to keep you from "zoning out".

**The Northwest Optimist Club
of
Albuquerque
presents**



FREE BIKE SAFETY PROGRAM

Saturday, April 1 - 9:30am till 11:30am

Chamiza Elementary School

All Taylor Ranch Students Welcome!

• Bike Inspection

• Fun & Informative Obstacle Course

FREE PRIZES INCLUDING 10 NEW HELMETS!

SPONSORED BY THE NORTHWEST OPTIMIST CLUB
CITY OF ALBUQUERQUE BIKE SAFETY PROGRAM
TAYLOR RANCH YOUTH COMMITTEE

TR Taylor Ranch Neighborhood Association, Inc. Membership Application TR

This is a: new membership renewal membership
Type of membership: Resident/Landowner Business

03/00

Name: _____ Phone number: _____ Date _____

Address: _____ Subdivision Name: _____

We can always use your help! Please check off any areas of interest in which I can help the Association:

- | | | | |
|---------------------------------------------|---------------------------------------|-----------------------------------------|---------------------------------------------|
| <input type="checkbox"/> Crime Prevention | <input type="checkbox"/> Education | <input type="checkbox"/> Membership | <input type="checkbox"/> Newsletter |
| <input type="checkbox"/> Parks & Recreation | <input type="checkbox"/> Library | <input type="checkbox"/> Beautification | <input type="checkbox"/> Environment |
| <input type="checkbox"/> Public Relations | <input type="checkbox"/> Zoning | <input type="checkbox"/> Voting | <input type="checkbox"/> Social Activities |
| <input type="checkbox"/> Senior Center | <input type="checkbox"/> Traffic | <input type="checkbox"/> Calling | <input type="checkbox"/> Children's Parties |
| <input type="checkbox"/> Board of Directors | <input type="checkbox"/> Other: _____ | | |

I am enclosing a check made out to TRNA in the amount of:

Resident: \$12, 1-year \$22, 2-years \$30, 3-years

New resident memberships only: You may pro-rate your dues for the first year you join TRNA as follows:

\$12 if join Jan-Feb-Mar \$9 if join Apr-May-Jun \$6 if join Jul-Aug-Sep \$12 if join Oct-Nov-Dec

Business: \$50 1-year \$90 2-year \$125 3-year

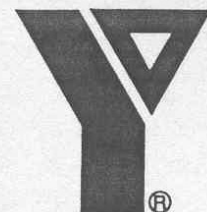
New business memberships only: You may pro-rate your dues for the first year you join TRNA as follows:

\$50 if join Jan-Feb-Mar \$90 2-year if join Apr-May-Jun \$25 if join Jul-Aug-Sep \$50 if join Oct-Nov-Dec

Please mail this application with a check to: TRNA Membership, P.O. Box 66288, Albuquerque, NM 87193-6288



Calendar of Events



West Side Family YMCA • 4701 Montano N.W.
(at Taylor Ranch Road) • Phone: 899-8417

(For more information, contact
Tara Margolis at 899-8417
unless otherwise noted.)

Shorin-Ryu Karate for Teens & Adults

Karate is a means of shaping personality. It is a physical, mental and moral culture. Karate is an ideal exercise for anyone, it teaches skills and discipline, and increases self-esteem and overall fitness.

Mondays 8 - 9pm

Fridays 6 - 7pm

Session: March 3 - 31, 2000

\$60.75 for nine sessions.

Re-Register Monday thru Friday
7am to 6pm.

AIKIDO for Adults (18+)

Enjoy the beauty, grace, and power of this purely defensive and non-competitive martial art. Aikido is a modern Japanese art that utilizes holds, throws, and joint locks to redirect attacks through harmony and self-control. Learn to control, contain, deflect, and re-direct any attack without the use of great physical strength. Open handed and weapon techniques included.

Mon & Wed, 7:30 - 8:30pm and
Fri 6:30 to 8:00pm.

Session: March 1 - 31, 2000

1 session for adults & teens.

AIKIDO for Teens (12-17)

Mon & Wed 6:30 - 7:30pm and Fri 6:30
to 8:00pm. Session March 1 - 31

Indoor Soccer

All K-3rd Graders interested in learning the basic skills and rules of soccer in this gym version.

YMCA Youth Sports emphasize skill development, self-esteem, fun and team work. There are no try-outs and all children play equal amounts.

Two leagues:

K - 1st Grade

2nd - 3rd Grade

\$49 for 10 weeks of soccer;
includes team t-shirt.

All participants must be a YMCA member: Annual Basic Membership is \$30/person.

Financial aid available for those who qualify.

Pre-School Gymnastics

Children ages 3 - 5.

Mondays 6:15pm - 7pm

and/or Wednesdays 6:15pm - 7pm

and/or Fridays 7:15pm - 8:15pm

Session: Weeks of March 6 - 31

Registration takes place at the West Side Family YMCA but the actual classes take place at a neighboring elementary school.

\$20 for the one day a week option,
for a 4 week session.

\$40 for the two day a week option,
for a 4 2week session.

School Age Gymnastics

Children ages 6 and over.

Mondays 7:15pm - 8:15pm

and/or Wednesdays 7:15pm-8:15pm

and/or Fridays 6:15pm - 7:15pm

Session: Weeks of March 6 - 31

Multi-Generational Hike

Who: For people of all ages and abilities, who want to enjoy the outdoors, make new friends.

Thursday March 16, 2000

Foothills Trail from the tram. (Easy 2 - 4 mile hike.) Bring lunch.

Show up at West Side Family YMCA at 9:00am on the day of the hike.

Those meeting at YMCA will carpool to the destination. Bring water and a trail lunch or high energy snack. Due to weather changes, come dressed in layers, with sunscreen and a hat.

YMCA Hiking Club's Saturday Hike

Saturday, March 11, 2000.

Continental Divide Trail and El Malpais area.

An easy 4-5 mile hike.

Show up at the Y by 9:00am on day of the hike. Contact Helen Pederson at 899-8417 for more info.

THE YMCA MISSION: To put Christian principles into practice through programs that build healthy body, mind, and spirit for all.

Memberships are \$30 year/person.

FINANCIAL ASSISTANCE: The YMCA excludes no one from membership or programs because of an inability to pay. Financial aid is available to those who qualify.

**USEFUL
PHONE
NUMBERS**



Animal Control (West side)768-1935
Burn/No-Burn Advisory768-2876
City/County Information768-2000
Community Planning924-3860
Garbage Collection Problems761-8100
Gas Leaks (days)246-7474
Gas Leaks (nights & weekends)880-7300
Graffiti Removal Services857-8055
Los Volcanes Senior Center836-8745
Office of Senior Affairs764-6400
Pothole Hotline768-4653
Ridepool243-7433
Recycling Information761-8100
State Information1-800-825-6639
Wasted Water Hotline768-3640
Water & Sewer Emergencies857-8250
Weed & Litter Complaints924-3850

**POLICE &
EMERGENCY
PHONE NUMBERS**



Crime Prevention Unit924-36
DWI Report Line1-800-232-8394
DWI Safe Ride Home (year round)242-RIDE
Emergency 911
Fire (non-emergency)243-6601
Fire Marshal's Office888-8124
National Fraud Info. Center800-876-7060
Phone-in reports, copy of traffic report	...768-2030
Poison & Drug Information272-2222
Police (non-emergency)242-COPS
Police Substation (West side)831-4705
Police Substation (Valley)761-8800
Sheriff's Department (non-emergency)	...768-4160
State Police841-9256
Urgent Care, Presbyterian @ Atrisco224-7575
Urgent Care, St. Joseph West Side Hospital893-2000
Urgent Care, Lovelace @ Coors839-2300

Please pass this on to your neighbor and suggest they join TRNA to receive their own copy of this newsletter. TRNA needs all our neighbor's support to keep improving our neighborhood, planning social events, watching zoning changes, assisting with community policing, and informing you of what's going on in and around your home in Taylor Ranch.



Taylor Ranch Neighborhood Association, Inc.
P.O. Box 66288
Albuquerque, NM 87193-6288

Address Correction Requested!

**BULK RATE
U.S. POSTAGE
PAID
Corrales, NM
Permit No. 49**



The expiration year of your membership is shown on the bottom line of your mailing label.
Please renew early for the next year to avoid missing an issue of the Mesa Messenger.